

ACTS OF KINDNESS BINGO

Use the acts of kindness bingo board below to perform as many acts of kindness this week as possible. 4 spaces have been left blank for you to add your own acts of kindness.

	Allow a friend to go first in a game	Donate a book to the school library	Throw a friend's garbage in the bin for them
Wave and smile to 5 people you pass in one day	Tell someone a joke to cheer them up	Give your teacher a flower or a pot plant	
	Push in someone's chair for them	Share your coloured pencils or other classroom resource with a classmate	Offer another student a hug when they are sad
Hold the classroom door open for classmates		Offer to play with someone who is alone in the playground	Leave a note of appreciation for a teacher or classroom assistant

Learn personal and social skills to interact positively with others

