



THE NOONGAR SEASONS

Use the information below to answer questions about the Noongar Seasons.

The Noongar people from southwestern Australia use a unique calendar with six seasons, unlike the European four-season model. Each Noongar season reflects changes in the environment and guides what the Noongar people do during these times, like fishing, hunting, and gathering different foods.

The six seasons help the Noongar people to understand when to find various resources, reflecting their deep connection with nature. For example, during the colder months, they gather freshwater fish and hunt more, while the warmer months are perfect for fishing in drying inland waters and collecting seeds. As seasons change, they adjust their activities to match what the environment offers, showing a sustainable way to live with the land.

1. How many seasons do the Noongar people recognise?

2. What do the Noongar seasons help them understand?

3. What changes do the Noongar people make as the seasons shift?

4. Explain in your own words how the Noongar seasons are the same and different to the European seasons.

Understands that the seasons used by Aboriginal people are different to those used in Western society.

