

# ANZAC BISCUITS - THE HISTORY

ANZAC biscuits are named after the fact that they were created to send to the Australian and New Zealand Army Corps (ANZAC) during World War 1.

Back in the early 1900s there was no such thing as shrink wrapping or vacuum packing and all packages had to be sent via sea without refrigeration and took months to get from Australia to Europe. There was also a shortage of eggs so these could not be used in the recipe in the same way they are used in most other biscuit or cookie recipes.

So the women of Australia adapted a Scottish Oat Cake recipe to create the now famous ANZAC Biscuits. They packed them tightly into tins and sealed them shut to send to their loved ones to let them know they were thinking of them.

## LIST THREE FACTS YOU HAVE LEARNT ABOUT ANZAC BISCUITS

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

USE AN ATLAS OR GOOGLE MAPS TO FIND AND MARK AUSTRALIA AND TURKEY ON THE MAP BELOW

