

PHYSICAL ACTIVITY

In the story the frog jumps around the pond thinking he is the only one there. Young children could use this idea to play a game of leaping around a pond while practising the fundamental movement skills of jumping and static balance.

YOU WILL NEED

- The lily pads below enlarged, printed and cut out so there is at least one per child
- Sticky tape or adhesive tac to attach the lily pads to the floor to avoid children slipping on them.
- Music

ACTIVITY

- 1 Similar to musical chairs the children must jump between the lily pads when the music is playing and static balance on a lily pad when the music stops.
- 2 If they fall off when jumping and the music is still going they can just jump back on but if they are caught in the water when the music stops they are out. This allows lily pads to be spread out if needed to allow the game to finish quicker.

Note: If desired, the lily pads could be drawn in chalk on concrete or hoops used instead of printed lily pads.

Participate in games to practise fundamental movement skills



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