



Beach Play

If you can't go to the beach you could make kinetic sand for young children to play with. Kinetic sand has a unique texture that makes it stick together, allowing you to shape and mould it without it sticking to your hands like traditional wet sand. Here's a simple recipe to make your own kinetic sand using common household ingredients.

INGREDIENTS

- 8 cups of play sand (*finely ground sand works best*)
- 1 tablespoon corn starch
- 1 teaspoon dish soap
- 1 cup of water (*you may need slightly more or less*)

EQUIPMENT

- A large mixing bowl
- A measuring cup and spoons
- A spoon or spatula for mixing
- Airtight storage container

INSTRUCTIONS

- 1 In the mixing bowl, thoroughly mix the play sand with the corn starch.
- 2 In a separate container, mix the water and dish soap together until well combined.
- 3 Slowly add the soapy water mixture to the sand and corn starch, mixing continuously. Add the water gradually and keep mixing until the sand begins to achieve the consistency of kinetic sand. It should be mouldable and crumbly but not overly wet.
- 4 If the mixture is too dry, add a little more water. If it's too wet and sticky, add a bit more sand and corn starch in the same ratio as before.
- 5 Once the kinetic sand is ready, it's time to play! Mould, build, and sculpt as you would with beach sand.

