

Plastic Bottle Bangles

Ren's dream is caught as a whisper and floats in a plastic bottle to her mother. While this is a beautiful story it also highlights the abundance of plastic waste in our oceans that could be converted into something useful instead. Use the instructions below to convert a plastic bottle into a collection of beautiful, personalised bracelets.

YOU WILL NEED

- Old plastic bottle
- Sharp scissors or utility knife
- Sandpaper
- Ribbon, wool or fabric strips
- Hot glue gun

INSTRUCTIONS

- 1 Cut the bottle into a set of bangle shapes. These can be as wide as you like and the width of the bottle at the point where you cut will determine the width of the bangle.
- 2 Lightly sandpaper the edges to make them smooth.
- 3 Choose the fabric to be wrapped around the bangle and glue it in place on the inside of the plastic.
- 4 Have a child wrap the fabric around the bangle to cover it completely.
- 5 When the whole bangle is covered - glue the end of the fabric to the inside of the bangle.
- 6 Cut off any excess fabric and wear.

Follows a sequence of steps for making art works

