

DRAW YOUR EMOTIONS

In the first space below draw something that makes you feel hard, angry and alone. In the second space draw something that makes you feel light, bright and happy.

DRAW SOMETHING THAT MAKES YOU
FEEL HARD, ANGRY AND ALONE

DRAW SOMETHING THAT MAKES YOU
FEEL LIGHT, BRIGHT AND HAPPY

Is developing a sense of who they are and their
connectedness to others.

