

Feeling Good

This activity is to be complete in a group of 6 people.

Add your name to the top of the sheet where shown.

Pass the paper to the person on your right.

Each person writes 1 positive thing about the person whose name is on the top of the piece of paper, fold it over so your comment is hidden and passes it to the next person.

Once each person has written a positive comment the piece of paper is returned to the original person and they can read all the good things about themselves.

Name:

HPE: ACPPS015 -Describe their own strengths and achievements and those of others, and identify how these contribute to personal identities.



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