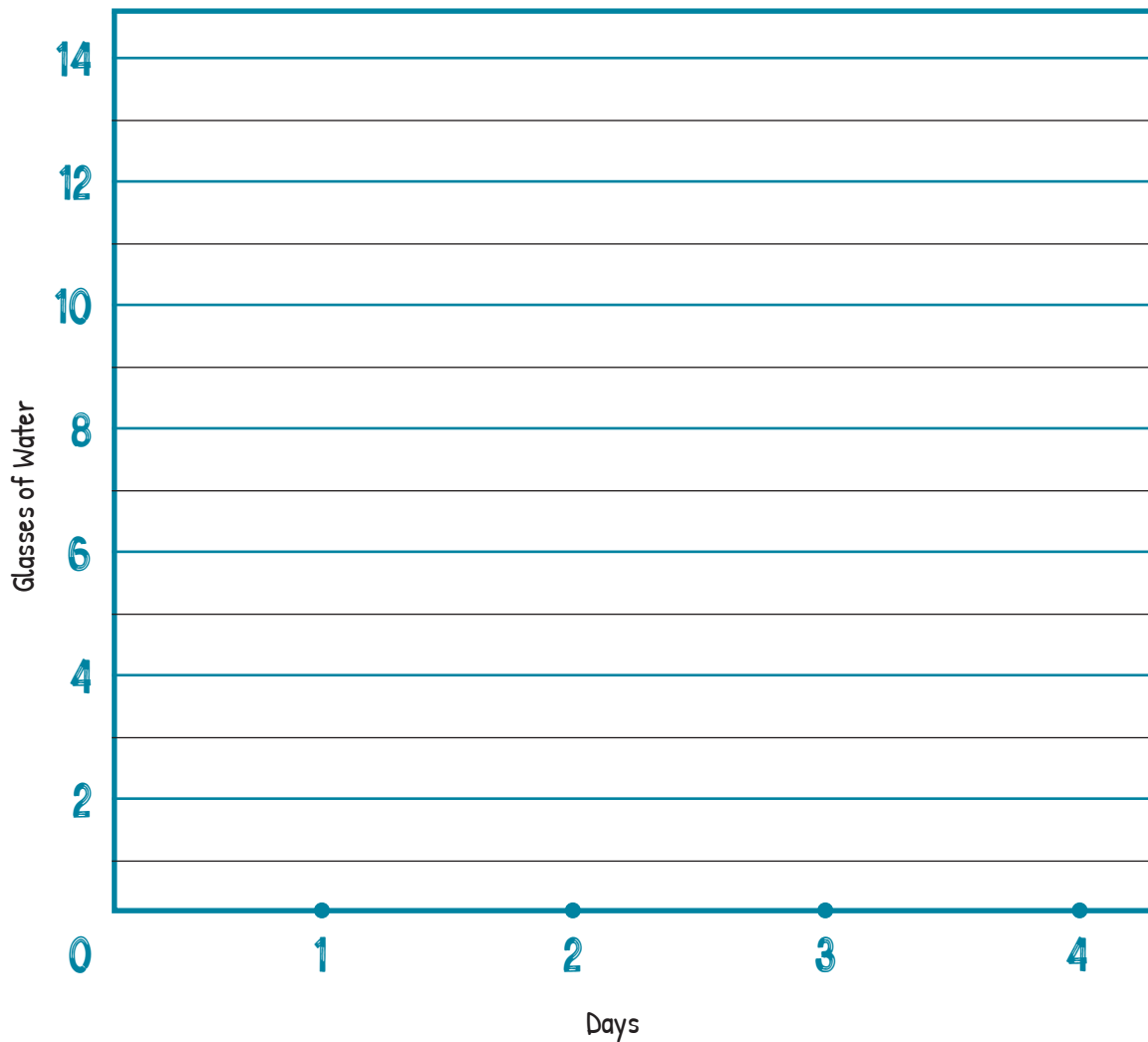


KEEPING HYDRATED

"Water is the first medicine". We all need water to survive as 70% of our body is made up of water and we need to keep hydrated to make sure our body can function properly. Use the graph below to track how much water, roughly, you drink over the next 4 days and how this compares to your classmates and to the national recommendation of 6 glasses a day.



Maths - ACMSP069 - Collect data and create displays using simple column graphs.