



# FLOWER PRESSING

In the story Sister Marie Ellen Craig presses a rose. Pressing flowers is an age old method for preserving nature. It is fun and easy and the pressed flowers can be used on the front of cards or turned into a bookmark. You can use the instructions below and a flower press, available for purchase from Learn From Play, or a book to press flowers and then turn them into a bookmark.



1.

For beautiful pressed flowers, gather clean flowers free of spots or blemishes. Try collecting them on a sunny day when they are not wet.



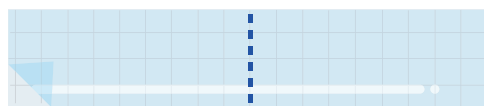
3.

Return the corrugated card and tighten the wing nuts to press the flowers. Leave to dry for at least two days but up to seven days may be required.



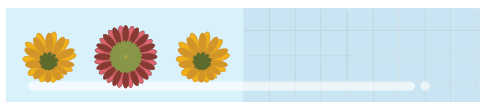
2.

If you are using a Learn From Play flower press, loosen the four wing nuts and open the press. Place each flower between two pieces of parchment paper. Multiple flowers can be pressed at once.



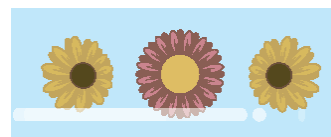
4.

Fold a piece of clear adhesive plastic in half and remove the backing from one half. Place it on a flat surface, sticky side up.



5.

Stick the fabric flower, or some you have pressed yourself, onto the plastic. It's okay if some of the flower hangs over the edge.



6.

Peel off the remaining backing and sandwich the flowers between of the plastic. Trim the contact paper to the size you want for your bookmark.

Visual Arts: ACAVAM107 – Use and experiment with different materials, techniques and processes to make artworks.



© LearnFromPlay | LearnFromPlay.com