

Face Mask and Colouring Eggs

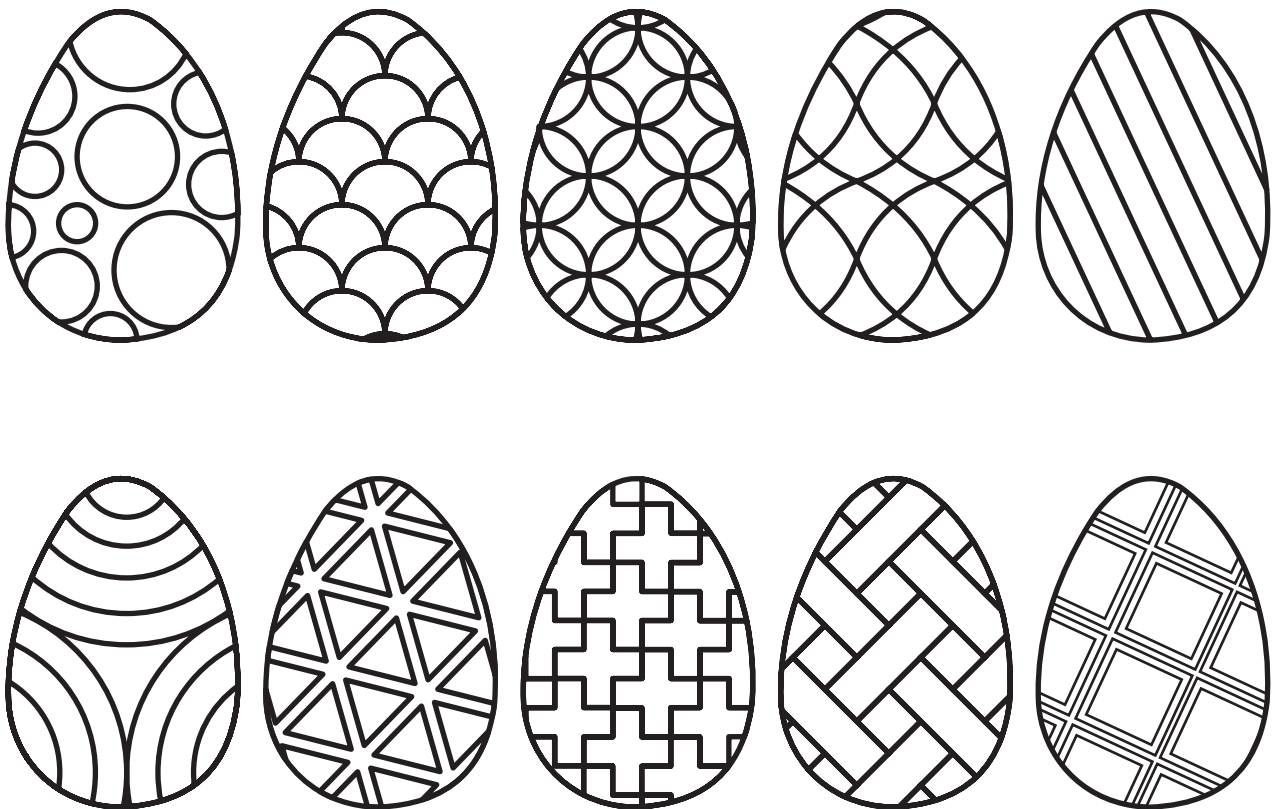
The Good Egg decided he needed to be "good to himself". To do this he took time for himself and applied a facial mask. Make your own facial mask using the recipe below.

Ingredients:

- 1 Egg
- 1 Tbspn honey
- 1 Tbspn warm water
- ½ Cup rolled or quick cook oats

Procedure:

- Mix all ingredients together and spread onto face. Leave for 15 minutes and rinse off.
- While waiting you can listen to calming music and decorate the eggs below.



PDHPE - ACPPS073 - Select strategies to promote health, safety and wellbeing.

