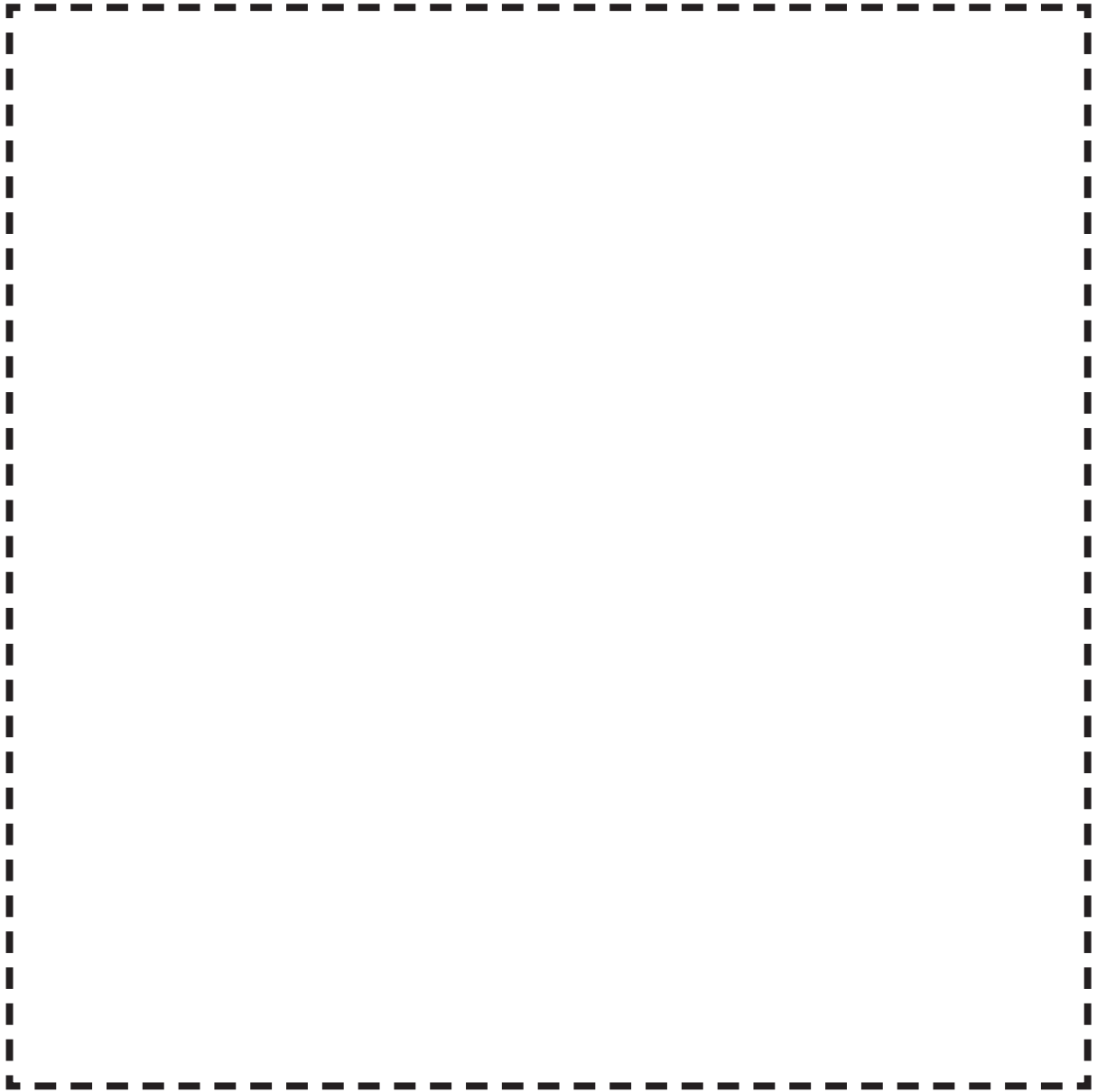


GRUMBLE BOATS

In the space below draw something that has upset you, made you angry or led to you feeling bad. Cut out the square below and use the instructions for making a paper boat to turn your sorrow into something you can release.



HPE: ACPPS005 – Identify and describe emotional responses people may experience in different situations.

